

# WEEKLY DINNER MENU



## WEEK 1

\* allergens in parentheses

### Monday

- Chicken in a creamy tomato sauce with ratatouille style vegetables (*celery*)
- Halloumi and avocado burger with sweet dill mayo, lettuce, tomato (*Wheat, egg, milk*) - for vegetarian only
- Fried rice - LIMITED QUANTITY, FIRST COME FIRST SERVE
- Penne pasta (*wheat*)
- Coleslaw salad (*Milk, egg*)
- Green salad with parmesan cheese, tomato, cucumber, red onion (*Milk*)
- Ice cream with chocolate & toffee sauce (*Milk, wheat*)

### Tuesday

- Slow cooked Tex Mex Chilli Beef served with tortilla chips (*Celery, pulses*)
- Homemade soup (*Celery*)
- Falafel wrap with crunchy vegetables (*Wheat, milk*) - for vegetarian only
- Rice
- Asian noodles salad (*Soya, pulses*)
- Rocket salad with cherry tomato, onion and parmesan cheese (*Milk*)
- Pain au chocolate (*Milk, wheat, egg*)

### Wednesday

- Homemade cottage pie with potato topping (*Celery, milk, pulses*)
- Mini vegetable spring rolls served with spiced vegetable noodles (*Wheat, sesame, pulses*) - for vegetarian only
- Grilled corn on the cob
- Fried rice (*Celery*) - LIMITED QUANTITY, FIRST COME FIRST SERVE
- Chunky chips
- Green salad with homemade dressing
- White chocolate chip cookies (*Wheat, milk, egg*)

### Thursday

- Chicken burger on a brioche bun with lettuce, cheese, tomato and onion (*Milk, wheat, egg*)
- Sweet potato and chickpea burger (*Egg, milk, wheat*) - for vegetarian only
- Homemade soup (*Celery*)
- Veggie rice
- Chunky chips
- Cold pesto pasta salad (*Milk*)
- Green salad with roast courgettes, feta cheese and tomatoes (*Milk*)
- Ice cream served with chocolate & toffee sauce (*Milk, wheat*)

If you are saving your dinner please state your preference

### Friday

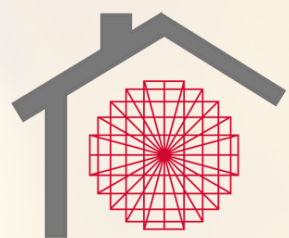
- Battered Cod fillets with slices of lemon and tartare sauce (*Milk, egg yolk in the sauce*)
- Onion Bhajis served with fried rice (*Milk*) - for vegetarian only
- Turmeric rice
- Mushy pea with mint
- French skinny fries
- Green salad with homemade dressing
- Vanilla crown pastry (*Milk, egg, Wheat*)

### Saturday

- Selections of 5 different styles of PIZZA (*Wheat, Milk*)
- Homemade soup (*Celery*)
- Chunky chips
- Fried rice - LIMITED QUANTITY, FIRST COME FIRST SERVE
- Corn on the cob with Cajun spices, butter and salt (*Milk*)
- Green salad with fresh vinegar dressing and fresh dill (*Mustard*)
- Coleslaw salad (*Milk*)
- Ice cream served with chocolate or toffee sauce (*Wheat, Milk*)

### Sunday

- Creamy chicken tikka masala with mild Indian spices and roast vegetables (*Celery, Milk*)
- Vegetarian tikka masala (*Celery*)
- Potato wedges
- Rice
- Naan bread (*Wheat*)
- Green beans tossed with butter and crystal salt (*Milk*)
- Green salad with Caesar salad dressing (*Milk*)
- Chocolate brownie (*Wheat Milk, Egg*)



# WEEKLY DINNER MENU



## WEEK 2

\* allergens in parentheses

### Monday

- Beef Stroganoff (Celery, milk)
- Creamy tomato Provencal pasta (Wheat) - for vegetarian only
- Naan bread
- Roasted broccoli with walnuts, feta cheese & garlic mayo (Milk, nuts, egg)
- Green salad with homemade salad dressing (Milk)
- Rice
- Ice cream with chocolate & toffee sauce (Milk, wheat)

### Tuesday

- Breaded chicken giujons (Milk, wheat, celery)
- Homemade soup (Celery)
- Onion bhajis served on bed of colcannon mash (Celery, milk, wheat) - for vegetarian only
- Waffles fries
- Fried rice
- Roasted carrots with mixed herbs
- Green salad with thousand island dressing (Milk)
- Cold noodles Asian style salad with sweet chilli sauce and mixed, fresh vegetables (Wheat)
- Belgian waffle with chocolate sauce and cream (Wheat, milk)

### Wednesday

- Spaghetti alla bolognese (Mustard, milk, celery)
- Garlic bread (Wheat)
- Pasta (Wheat, trace egg pasta)
- Vegetarian Fajitas with beans, avocado, crunchy salad and peppers (Wheat, sesame) - for vegetarian only
- Rice - LIMITED QUANTITY, FIRST COME FIRST SERVE
- Green salad with thousand island dressing (Milk)
- Coleslaw salad (Egg)
- Cinnamon swirl (Egg, wheat)

### Thursday

- Homemade beef or chicken burger on a brioche bun with lettuce, tomato, onion and sweet dill mayo (Milk, celery, wheat) - LIMITED QUANTITY, FIRST COME FIRST SERVE
- Vegetarian burgers (Wheat) - for vegetarian only
- Homemade soup (Celery)
- Waffle fries
- Green salad with homemade salad dressing
- Veggie & spicy rice (Celery)
- Cold vegetables pasta salad (Mustard, pulses)
- Ice cream with chocolate & toffee sauce (Milk, wheat)

### Friday

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- Beef lasagna (Celery, milk, trace egg pasta, gluten)
- Vegetarian Dumpling served with Mexican rice (Wheat, egg, pulses) - for vegetarian only
- Chunky potato chips
- Mexican rice (Celery) - LIMITED QUANTITY, FIRST COME FIRST SERVE
- Garlic bread (Wheat)
- Green salad with homemade dressing
- White chocolate chips cookies (Milk, wheat)

### Saturday

- Roast chicken leg with mustard, lemon, tomato sauce and fresh herbs (Mustard)
- Homemade soup (Celery)
- Vegetarian curry (Celery)
- Mash potatoes (Milk)
- Fried rice - LIMITED QUANTITY, FIRST COME FIRST SERVE
- Roasted carrots with fresh herbs (Milk)
- Green salad with thousand island dressing (Milk)
- Ice cream with chocolate & toffee sauce (Milk, wheat)

### Sunday

- Beef stew mix vegetables (Milk, celery)
- Veggie stew (Celery, milk) - for vegetarians only
- Rice
- Baby potatoes with fresh herbs
- Coleslaw salad (Milk)
- Green salad with thousand island dressing (Milk)
- Belgian chocolate muffins (Wheat, milk, egg)